2026—Fall II programs

Guruji & Santosh Yoga Teachers

Studio entry is reserved for registered and paid students, including approved returning students. To register for any program, please email us at least two days in advance.

ENROLL IN OUR PROGRAMS THIS

Fall II

Tuesday

Adv. Beginner II to Intermediate & Teachers
Oct 20, 6pm-7pm 8-weeks—$183

Wednesday

Beginner to Adv. Beg I
Oct 21, 6pm-7pm 7- weeks $160

Thursday

(Online only) Womens' Self Defense Ketsugo & Yoga—Combination of Karate, Judo, Aikido, Savate & Yoga - Oct 22, 7pm-8pm
7 weeks -$138

Saturday

Adv Beg I, II to Intermediate & Teachers
Oct 24th, 7.15am-8.15am 8-weeks-$183

First-time visitors may attend one walk-in class for $35.

Yogi • Healer • Speaker • Wellness Guide

Professional Summary

Guruji welcomes students and professionals into a yoga practice shaped by more than four decades of experience in India. As a yoga teacher, healer, author, and wellness speaker, he helps people build strength, ease stress, support healing.

Guruji BSc, MBA, MIS, CYT, ERYT, KFIY

Guruji teaches & shares alignment-based yoga programs, guiding students with care, clarity, and encouragement as they develop strength, resilience, healing, and well-being.

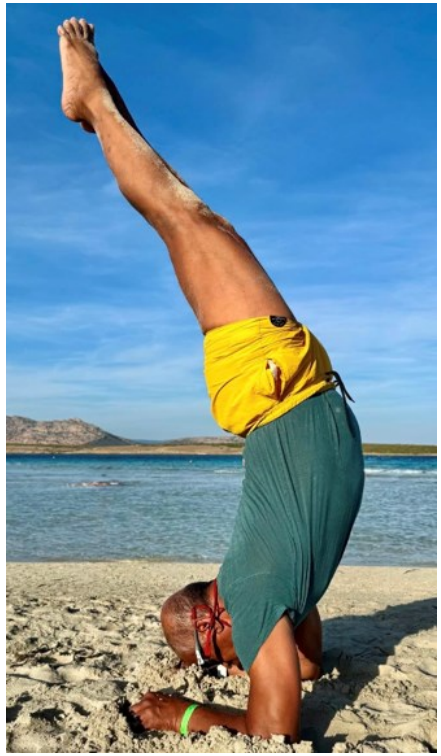
Guruji also speaks on wellness, stress management, and self-help, offering practical inspiration for yoga teachers, professionals, doctors, fitness experts, and business owners.

Contact Guruji: ***bryant@santoshyoga.com***

SantoshYoga

" Inversions are the elixir to a vibrant life"
Guruji

Pincha Mayurasana



2026 Fall II

www.santoshyoga.com

Suite 206
12745 West Capitol Drive, Brookfield, WI, 53005

Unlock the Healing Power of Santosh Yoga™

Discover a powerful practice designed to expose what your body has been holding—and help you break through to real healing.

Experience the Transformative Power of Santosh Yoga™

Santosh Yoga™ is more than a workout—it is a dynamic, deeply engaging experience that challenges you, builds strength, and opens the door to greater balance, awareness, and fulfillment.

*Bring your mat, **join our programs**, and **train with Guruji** for an inspiring yoga experience centered on rejuvenation, healing, and lasting inner connection.*

Guruji in Dhanurasana

Regular practice of Santosh Yoga ™ can help you:

· Ease lower back pain

· Reduce stress

· Support emotional balance

· Relieve discomfort from knee injuries

· Feel calmer and more balanced

· Build a healthier connection with your body and mind—and more.

Testimonials

Wieslawa: *"This is the best yoga I have ever experienced."*

Ms. Turkowitch: *"Even after 40 years of study, I am now relearning what real yoga is. Guruji, may I write a book about you?"*

Mr. Frederick: *"To me, this is truly Christian Yoga. I am walking much better."*

Mr. X: *"I have many medical problems and have visited some of the greatest gurus, even in India. I believe Guruji Bryant will help me with what I need."*

Pari, New York: *"I used to teach a little yoga, but here I realized how wonderful I feel through my 'alive downward dog.' Amazing yoga."*

Train with a World-Class Yoga Master

Get ready to experience yoga at a whole new level. For more than 41 years, Guruji Bryant has taught in India, the United States, and around the world, bringing students an authentic, powerful practice rooted in discipline, alignment, stillness, and focused attention.

Feel the Energy. Build the Strength. Unlock the Joy.

These programs are designed to wake up your body, sharpen your mind, and help you tap into deeper joy, strength, peace of mind, and freedom from pain. Students describe the experience as a powerful way to "get high on yourself".

Join Guruji's Santosh Yoga

This is your invitation to feel renewed from within, and discover greater freedom, vitality, and inner peace.