

Santosh Yoga End of Year Christmas Celebrations

Thursday

December 11, 6pm to 7.30pm 2025

All Santosh Yoga students, and well-wishers are invited to a fun evening of music and sharing.

POT—LUCK DINNER—Bring a dish of your culture to share. Expect authentic Indian, Italian, Turkish, Chinese, American and more....

email if you will attend:
bryant@santoshyoga.com

HOLIDAY WALK-IN CLASSES

Tuesday December 23rd, 6pm

(taught by Guruji)

No makeup's allowed from group classes in walk-in classes.

\$25 for currently enrolled Santosh Yoga Students

\$30 for non enrolled Santosh Yoga students

2026 New Year programs begin

Saturday — Jan 3, 2026

Santosh Yoga™ Healing Workshops

December 16, 17—2025

***Awakening the Divine Life
Reversing Karma by Choice***



"We can never do yoga, we can only let yoga do us.
When it does the potential to awaken the divine life,
which is a life of choice unfolds".

Guruji Bryant

www.santoshyoga.com

"Awakening the Divine Life, and Reversing Karma by Choice" with Guruji

2 hours workshops—An immersion into 'Divine life & Karmic Choice'.

Tuesday December 16th 6pm-8pm

Awakening the Divine Life

(Therapeutic Yoga—All Levels) Code: AKS1216

\$50 before December 13th, 2025 \$55 after

The divine Energy of Life is hidden within the central axis. This seminar provides the tools to awaken yogic powers of clarity, joy & insight. In this workshop learn how the 12 most important postures of the yogic system develop and awaken this latent energy.

Talk/Asana/Adjustments as needed

Wednesday December 17th 6pm-8pm

Reversing Karma

(Therapeutic Yoga. All Levels) Code: RK1217

\$50 before December 13th, 2025 \$55 after

Karma—means action, Karma means memory imprint—A must if you are burdened with medical problems, or discord with family, childhood trauma, memories that you wished made you feel more joyful than sad.

Understanding how 'Choice' action and its memory affects your current life, and helps you to transmute Karma, so you do not get into the same rut, again, and again. This workshop helps you to affect your Karma and inter-generational Karma.

Talk/Asana/Pranayama /Meditation

Do both workshops for \$ 95 only

Guruji Bryant Francesco *Yogi, Wisdom Teacher, Healer, Self Help Artist.*



Teacher of Teachers, Guruji Bryant Francesco has been teaching for 38 years in India, the United States, Italy and several institutions across the American fabric of society. A powerful healing happens when you train with Guruji Bryant Francesco. His Inspirations are BKS Iyengar, San Francisco of Assisi, Mother Teresa and many a sage from India.

Please bring : Your mat, two bricks, two belts, 3/4 blankets, a notebook for these workshops.

Workshop Policy: Non-refundable after early bird special dates unless your spot can be filled up. Workshops are non-transferable and non-interchangeable after Early Bird Special Date ends December 13, 2025. NO exceptions to this policy.

Cut out and Mail this entire part below with your payment: Santosh Yoga:

bryant@santoshyoga.com

Check payable to: Santosh Yoga

Address: Suite 206, 12745 W. Capitol Drive, Brookfield WI, 53005

Write clearly please:

First & Last Name Contact

(Person 1) _____ (Your Email) _____ Tel: _____

(Person 2) _____ (Your Email) _____ Tel: _____

(Person 1) Workshops Code: _____

Amount Pd: (Person 1) _____

(Person 2) Workshops Code: _____

Amount Pd: (Person 2) _____

Workshop Policy:

Non-refundable after early bird special dates unless your spot can be filled up. Workshops are non-transferable and non-interchangeable after Early Bird Special Date ends December 13, 2025. NO exceptions to this policy.

Waiver/Release Information

By signing below I agree to the workshop policy above & waiver release information posted on www.santoshyoga.com

(Person 1 Name) _____ (Signature) _____ Date: _____

(Person 2 Name) _____ (Signature) _____ Date: _____