



# Bryant Mascarenhas

Bryant Mascarenhas has taught Kripa Foundation Iyengar Yoga—a specialized yoga for addiction and mental health— since 1986. Trained by B.K.S. Iyengar and Rev. Fr. Joseph H. Pereira, he left a successful career in medicine in 2006 to open his studio, Santosh Yoga, in Wisconsin, where he leads regular classes and teacher trainings. He also teaches at hospitals, medical centers, and treatment centers locally and internationally. [santoshyoga.com](http://santoshyoga.com)

[santoshyoga.com/Pages/default.aspx](http://santoshyoga.com/Pages/default.aspx)  
[www.kripafoundation.org/Home.html](http://www.kripafoundation.org/Home.html)

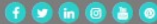
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